

Survivorship and Community Resources for Cancer Patients.

SURVIVORSHIP

- *100 Questions & Answers About Breast Cancer, Sensuality, Sexuality, and Intimacy*
by M Krychman, S Kellogg Spadt, & S Finestone
- American Cancer Society Survivor Network | <https://csn.cancer.org>
- American Cancer Society Survivorship Resources | <https://www.cancer.org/cancer/survivorship.html>
- Brick Bodies (Patti Clark Memorial Membership)
<https://www.brickbodies.com/gym-membership/#patti-clark>
866-952-7425 | Offers free gym membership to women undergoing chemotherapy or radiation therapy
- Cancer Care | https://www.cancercare.org/tagged/post-treatment_survivorship
- Casting for Recovery | <https://www.castingforrecovery.org>
Combines breast cancer education and peer support with the therapeutic sport of fly fishing
- First Descents | <https://www.firstdescents.org>
Provides life-changing outdoor adventures for young adults (age 18-39) impacted by cancer
- Hope Connection | <https://hopeconnectionsforcancer.org>
- Hope Held by a Horse | <https://hopeheldbyahorse.org>
- Hopewell | <https://www.hopewellcancersupport.org>
- Justin's Beach House | <https://www.justinjennings.org>
Serves as a respite home in Bethany Beach where families with cancer can relax and unwind
- Journey Forward | <https://www.journeyforward.org/planning-tools/my-care-plan>
- Knitted Knockers | <https://www.knittedknockers.org>
Makes and donates special handmade breast prostheses to women who have undergone mastectomies or other procedures to the breast
- Little Pink Houses of Hope | <https://www.littlepink.org>
Provides FREE week-long vacations for breast cancer patients and their families to relax, reconnect and rejuvenate
- Livestrong | <https://www.livestrong.org>
- Living Beyond Breast Cancer | <https://www.lbbc.org/your-journey/survivorship>

- Lumosity | <https://www.lumosity.com>
Helps improve cognitive function through exercises done via website or smartphone app
- National Cancer Institute – Facing Forward: Life After Cancer Treatment
<https://www.cancer.gov/publications/patient-education/facing-forward>
- National Coalition for Cancer Survivorship | <https://www.canceradvocacy.org> | 877-622-7937
- National Comprehensive Cancer Network
<https://www.nccn.org/patients/guidelines/content/PDF/survivorship-hl-patient.pdf>
- Oncology Foundation of Maryland and the District of Columbia (OFMDC) | <https://oncofdn.org/>
- Respite RETREATS | <https://www.respiteretreats.org>
- Shady Grove Fertility | <https://www.shadygrovefertility.com> | 443-825-3340
- Smith Center for Healing and the Arts | <https://smithcenter.org>
- Survivorship A-Z | <https://www.survivorshipatoz.org>
Offers practical information for living successfully after a diagnosis
- Ulman Foundation (Young Adults) | <https://ulmanfoundation.org/facingtheissues-embracing-survivorship>
- Wellness House | <https://www.annapoliswellnesshouse.org>

COMMUNITY ASSISTANCE

- Maryland Department of Human Services | <https://dhs.maryland.gov/category/financial-assistance>
- Maryland Food Bank | <https://mdfoodbank.org/about/locations>
- Maryland Office of People’s Counsel | <https://opc.maryland.gov>
- Maryland Social Service Office | <https://dhs.maryland.gov>
- Social Security | <https://www.ssa.gov>
- United Way | <https://uwcm.org>

